HEALTH SAVVY

Flipside: However, it is very important not to get 'botoxed' at informal events like 'botox parties' as one may end up with a frozen, long-term 'startled' look. Weakness of the wrong muscle group, focal facial paralysis and bruising at the site of injection are the other dangers.

4. Permanent deep groves: Can be taken care of with the help of fillers. Fillers may be done with natural substances, synthetic forms or even one's own fat cells.

Procedure: Even though injecting fillers is a relatively quick procedure, it is by no means simple. Effective and safe use requires a physician with specialized training and a thorough understanding of facial anatomy.

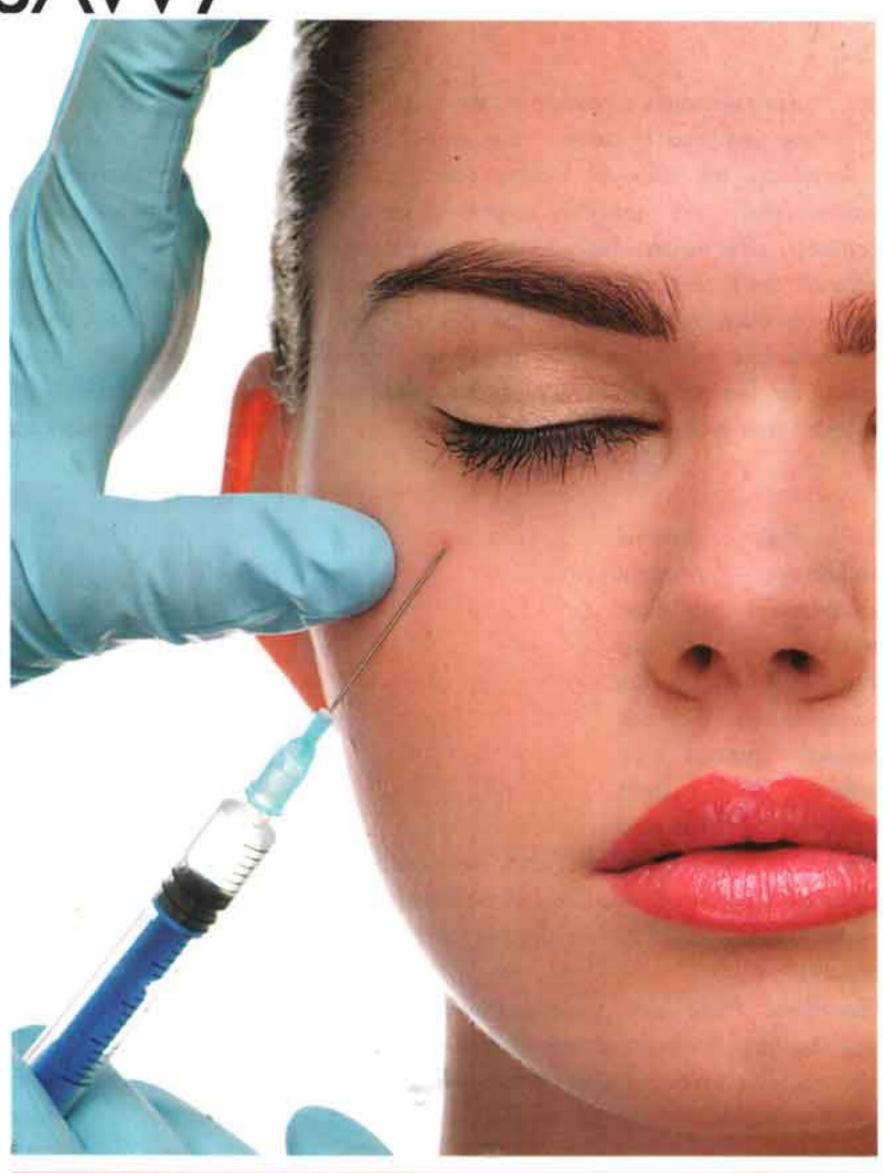
Flipside: Fillers injected by an untrained person could result in lumps, bumps and an imbalance between both sides of the face. Also, temporary fillers are always preferable to the permanent ones. Permanent synthetic

fillers, if infected, would be virtually impossible to remove, resulting in bad scarring.

Threadlift or facelift: Works wonders for deep folds like jowls, droopy eyebrows or naso-labial and neck folds.

Procedure: Threadlift is carried out by inserting absorbable, fine thread under the skin through an incision.

Flipside: A threadlift, if not done right, may not give the desired result and could even lead to skin folds and dimpling which would take a long time to resolve. If facelifts are carried out by an incompetent doctor, the scars of the incision may be visible.



Fillers injected by an untrained person could result in lumps, bumps and an imbalance between both sides of the face.

There is also a risk that nerve damage can cause numbness or paralysis to a part or all of the facial muscles. The surgery can leave you with uneven or asymmetrical features.

AESTHETIC RECONSTRUCTIVE SURGERY:

Any imbalance in the facial proportion can be corrected with aesthetic reconstructive surgery.

 Nose: To correct a crooked, saddled or humped nose.

Procedure: Rhinoplasty is used to correct this problem.

Flipside: However, this surgery has unpredictable aesthetic outcomes and thus, might require a revision